**What is Scrum Ceremonies**

Meetings, or "ceremonies" are an important part of agile development. A sprint employs four different scrum ceremonies to follow selfprocess affectively: sprint planning, daily scrum, sprint review and sprint retrospective. A number of these ceremonies come from the practice of [scrum](https://www.atlassian.com/agile/scrum) which is an iterative, time-boxed approach to implementing agile.

* **Sprint Planning:** The team decides what they need to complete in the coming sprint
* **Daily Scrum:** This is a standup meeting, or a very short – 15-minute mini-meeting – for the team to make sure they’re all on the same page.
* **Sprint Review:**This is another type of meeting, but one in which the team demos what they shipped in the sprint.
* **Sprint Retrospective:** This is when the team reviews their work, identifying what they did well and what didn’t go as planned, so they can make the next sprint better.